**2020-2021**

**Degree Map:** [**Movement Science (BS)**](https://www.york.cuny.edu/produce-and-print/contents/bulletin/school-of-health-and-behavioral-sciences/health-and-physical-education/movement-science-bs)

 Department of Health and Human Performance

School of Health Sciences & Professional Programs | York College | CUNY

Room HP-203 | (718) 262-2607

The following is a suggested plan of study for completion of this degree program. The goal of a degree map is to ensure that students graduate with no more than 120 credits and in four years.

* All students should speak with an academic advisor about their academic programs. This document is not a substitute for academic advisement.
* Students are encouraged to take Winter and Summer courses to facilitate their progress towards graduation.
* Transfer students do not need to take all courses in the plan; they should consult with an academic advisor.

| Course | Credit |  | Credit |
| --- | --- | --- | --- |
| **First Year – Fall** | **15** | **First Year – Spring** | **15** |
| English Composition (EC): English 125 | 3 | English Composition (EC): English 126 | 3 |
| Life & Physical Sciences (LPS) course\*\* | 3 | Math & Quant Reasoning (MQR): MATH 111 | 4 |
| US Experience in its Experience (USED) course | 3 | College Option (CO): Foreign Language+ | 3 |
| World Cultures & Global Issues (WCGI) course | 3 | Biology 120 (SW) or Biology 140 (LPS) | 3 |
| College Option (CO): Health Education 111 | 3 | Physical Education 150 | 2 |

| Course | Credit |  | Credit |
| --- | --- | --- | --- |
| **Second Year – Fall** | **15** | **Second Year – Spring** | **16** |
| Creative Expression (CE) course | 3 | Flexible Core (choose one course in any area) | 3 |
| College Option (CO): Foreign Language+ | 3 | Individual & Society (IS) course | 3 |
| Biology 281 | 4 | Physical Education 215 | 3 |
| Physical Education 350 | 2 | Physical Education 362 | 3 |
| Electives (Liberal Arts) | 3 | Physical Education 141 | 1 |
|  |  | Electives (Liberal Arts) | 3 |

| Course | Credit |  | Credit |
| --- | --- | --- | --- |
| **Third Year – Fall** | **15** | **Third Year – Spring**  | **14** |
| College Option (CO): Writing 303 | 3 | Physical Education 353 | 2 |
| Physical Education Skills course | 1 | Physical Education 358 | 3 |
| Health Education 314 | 2 | Physical Education 365 | 3 |
| Physical Education 361 | 3 | Movement Science 322 | 3 |
| Physical Education 363 | 3 | Movement Science 375 | 3 |
| Movement Science Sports Rehabilitation 310 | 3 |  |  |

| Course | Credit |  | Credit |
| --- | --- | --- | --- |
| **Fourth Year – Fall**  | **15** | **Fourth Year – Spring**  | **15** |
| Physical Education Skills course | 1 | Movement Science 488 | 2 |
| Physical Education 452 | 3 | Movement Science 489 | 2 |
| Movement Science 487 | 3 | Movement Science 490 | 1 |
| Electives (Liberal Arts) | 8 | Electives (Liberal Arts) | 10 |

* York students are required to complete (pass) three (3) Writing intensive (WI) courses: two (2) in the lower division (100-200 level) and one (1) in the upper division (300-level).
* If you transferred to York College with credit for General Education requirements, you must still complete one (1) WI course in the upper division within your major. If your major has no upper division WI course, you must take a WI course chosen in consultation with your major advisor.
* B.S. students must complete 60 credits of liberal arts – See Bulletin.

+Foreign Language courses are determined through placement by the World Languages Department, Room 3C08.

\*Students must choose between two concentration areas: Exercise Physiology or Sports Rehabilitation

\*\*A Life & Physical Science (LPS) is required only for those students who did not complete Biology 140 (LPS).