#### **YSOTA's mission is:**

To support, advance, and advocate for the educational experience of students in our program, as well as within the school's community. We strive to promote professional development, awareness, and creativity through the use of OT's core values and standards of practice, which guide the profession of Occupational Therapy.



Feel free to contact us!

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York Student Occupational
Therapy Association

**Coordinated by: Student Activities** 

94-20 Guy R. Brewer Blvd Jamaica, NY 11451







## WHO WE ARE

YSOTA is the Occupational
Therapy (OT) Association club at
York College. We represent the
student cohort of the OT
program at our university.

### O C @ysot\_a



## WHAT IS OT?

Occupational Therapy is a form of healthcare and therapy that allows individuals of all ages to participate in activities that they need and want to do in their daily lives- despite any physical, mental, or developmental challenges they may have. This type of therapy often involves the use of specific activities to improve our client's skills, promote independence, and enhance overall well-being





# Upcoming Events ...

This semester (Fall 2024), we have fantastic lineup of events that we hope will pique your interest:

- \* First Year Meet & Greet
- \* Visit to the Pediatric Clinic
  - \* OT Olympics
  - \* YSOTA Friendsgiving
    - \* NAMI Walk
- \* Supporting Student Athletes (Game Days)
  - \* York College Club Fair
    - \* YSOTA Bake Sale
  - \* Community Outreach Day
    - \* OT Family Feud